







# WE WELCOMED 4,626 NEW MEMBERS INTO THE FUNDS

1,314
NYU Winthrop Hospital

**824**NY Presbyterian Queens – RNs

**502**Long Island Community Hospital

1,168
New York Methodist Hospital – Nursing

665
Saint John's Episcopal – Client Service & Customer Relations Representatives

**78**Excel at Woodbury – LPN

Pension Fund only: 78; Benefit Fund only: 577; Benefit and Pension: 3,971 Vassar Diagnostics Lab, Health Quest

## Member 2020 Geography, Age and Gender



New Jersey, 4.7%

Upstate NY (including Rochester), 16%

Long Island, 14%

Staten Island, 5%

**Bronx**, 18%

Queens, 16%

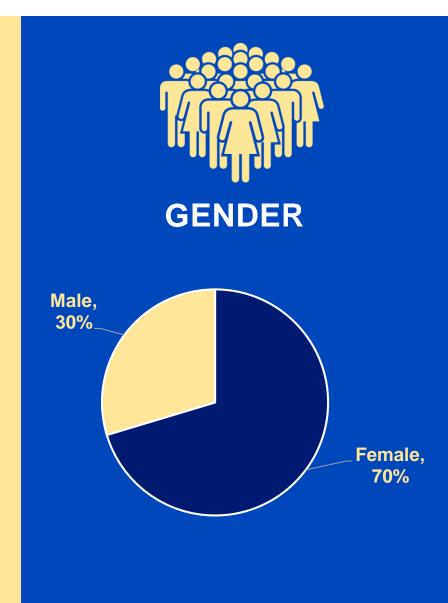
Brooklyn, 19%

Manhattan, 5%



AVERAGE AGE

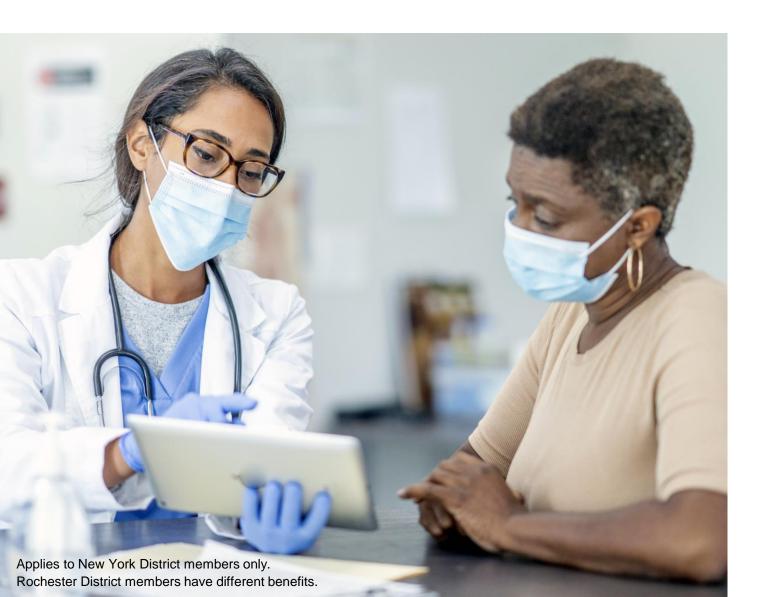
46.3





### Our Full, Comprehensive Benefits

No member payments toward premiums. No co-pays or deductibles when following plan rules.



#### **COMPREHENSIVE HEALTH BENEFITS**

- Medical
- Hospital Care
- Full Prescription
- Telemedicine
- Mental Health

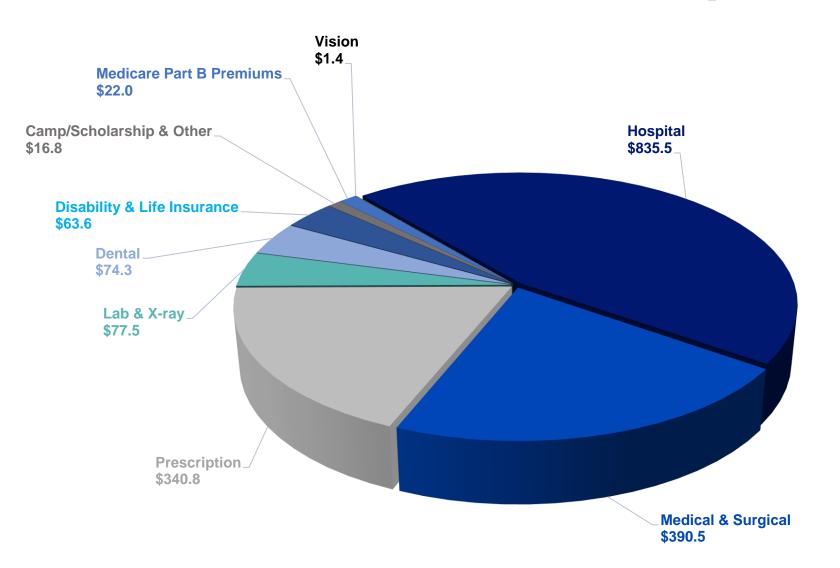
#### **ENHANCED HEALTH BENEFITS**

- Dental
- Vision
- Retiree Health Benefits

#### WHOLE-LIFE BENEFITS

- ▶ Life Insurance
- Disability
- ► Paid Family Leave
- **▶** Wellness and Member Assistance
- ► Citizenship/Financial
- Youth Programs

### **Total NBF Benefit Expenses 2020**





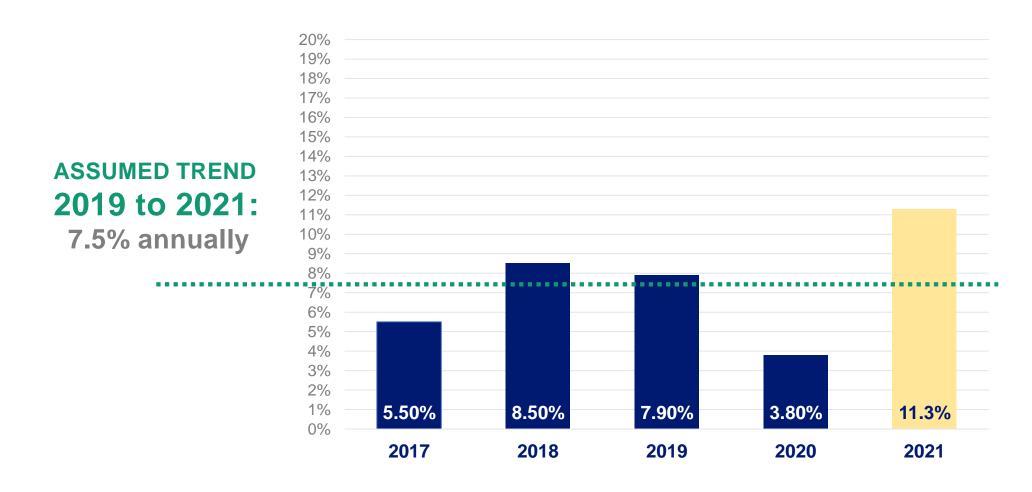
## **Comprehensive Coverage at the Lowest Cost**

#### **TOTAL HEALTHCARE COSTS FOR A FAMILY OF FOUR IN 2020**



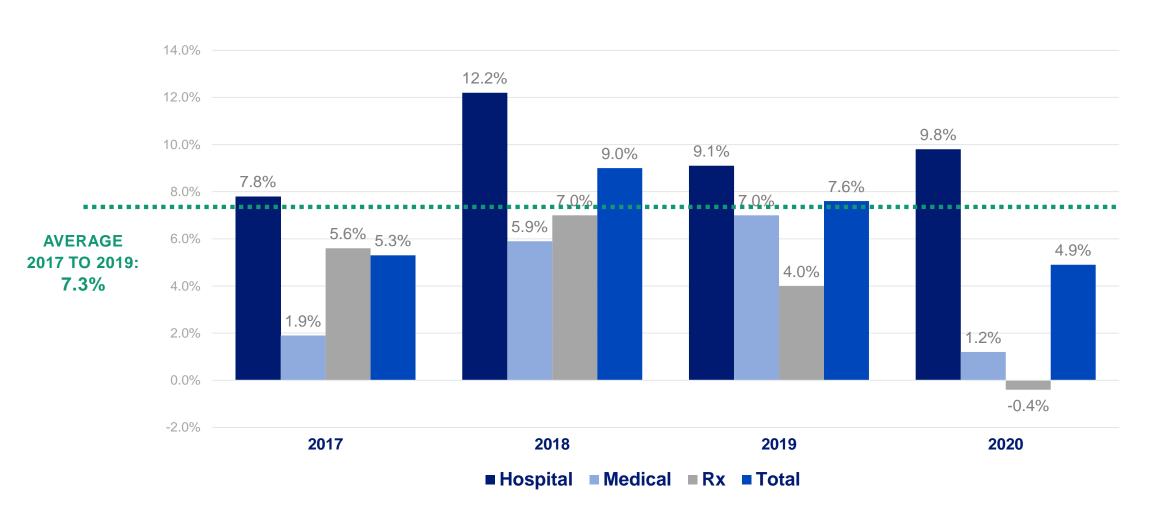


### **Assumed Trend vs. Total Projection Trend**



### What Makes Up the Trend

#### HOSPITAL, MEDICAL, RX ACTUAL PER-LIFE TREND

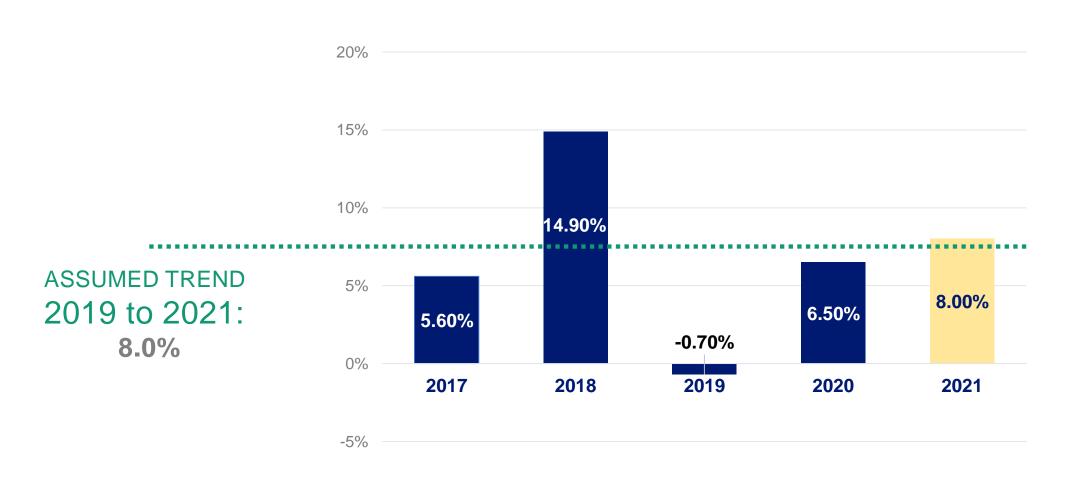


### What Contributes to Trend

#### **2020 CATEGORY TRENDS**

CATEGORY	CATEGORY TREND	IMPACT TO TREND	NOTES
Inpatient Emergency	31.6%	4.2	Increase driven by COVID-19-related, inpatient admissions, claims volume trends turned negative since May. 2020
Inpatient Elective and Other	-9.2%	-1.0	Negative claims volume trend since July.
Outpatient Surgery	-9.4%	-0.8	Negative claims volume trend from October. 4Q20 is slightly higher than 4Q19.
Emergency Room	-7.7%	-0.4	Negative claims volume trend through Dec.
Physician Office	-12.4%	-2.3	Negative claims volume trend through Dec.
Urgent Care	36.7%	0.5	Increase continued through Dec.
All Other Hospital and Medical	4.3%	1.0	Increase since July 2020.
Rx Net of Rebates	-0.4%	-0.1	

# Assumed Trend vs. Total Projection Trend NBF-Rochester



## Care and Value Improvement Programs



#### PHARMACY: \$185.5m

- Clinical Outcomes Management
- Value-based Plan Design
- Re-bid PBM Contract

#### **HOSPITAL/MEDICAL: \$34.5m**

- Clinical Outcomes Management
- Utilization Management
- Network Management

#### **OTHER PROGRAMS: \$104.7m**

- Dependent Eligibility Verification
- **▶** Medicare Advantage Contracts

PROGRAM SAVINGS, 2018–2021

\$302m

\$324.7m
CURRENT PROJECTED

# Care and Value Improvement Programs: 2020 Dependent Eligibility Verification—Spouses

Total spouses prior to the program	51,290	
Initial Terminated	5,329	
Reinstatements as of June 9, 2021	982	
Percent terminations of total in program	8.5%	

# **Cost Savings History**

CBA PERIOD	<b>2004–2009</b> (4.33 YEARS)	<b>2009–2014</b> (6.33 YEARS)	<b>2014–2018</b> (4.75 YEARS)	<b>2018–2021</b> (3.75 YEARS)
Target	\$120m	\$199m	\$279m	\$302m
Actual	\$264m	\$370m	\$293m	\$325m
Ratio	2.20	1.86	1.05	1.08
% of Total Spend	8.6%	5.8%	4.6%	7.5%



## **Trustee Emergency Authorization**

#### **TEMPORARY MODIFICATIONS OF PLAN RULES**



- i. Paid Family Leave for COVID-19
- ii. COVID-19-related Testing No Co-pays
- iii. Pension Funds' Return to Work for Retirees
- iv. COBRA Election Period Extension
- i. Inpatient Hospital COVID-19-related Add-on Payments
- i. EXTENSION OF COVERAGE AFTER PAID LEAVE
- ii. EXPANSION OF TELEHEALTH
- Inpatient Hospitalization Utilization Management Suspended
- ii. Outpatient Prior Authorization Suspended

# Our Industry Fills the Need: Members Value Extended Telehealth Benefit: 2020

5,723

Members and Dependents

**Teladoc** 

82,491

Members and Dependents

Network Providers









5,094

NEW PENSIONERS IN 2020

\*Current requirements for a full pension are retired at age 62.5 with 25 years of service. Full pension count includes early retirees with an unreduced benefit, disability pensioners and surviving spouses.

### A Secure Pension Benefit in Retirement 2020

10-19
YEARS OF SERVICE

24,800 PENSIONERS\*

\$738

AVG. MONTHLY BENEFIT



20-29
YEARS OF SERVICE

16,276
PENSIONERS\*

\$1,516
AVG. MONTHLY BENEFIT



30+
YEARS OF SERVICE

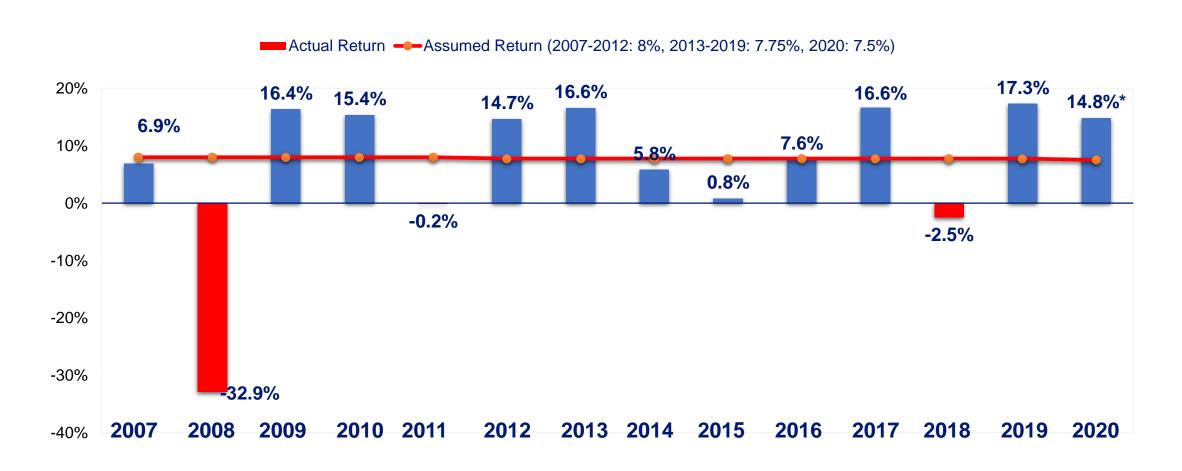
7,604
PENSIONERS\*

\$2,522
AVG. MONTHLY BENEFIT



### Asset Performance, 12/31/07-12/31/20

#### MARKET VALUE INVESTMENT RETURNS



### **Health Care Employees Pension Fund Status**



15.0%

### "Cushion": Where We Are Now

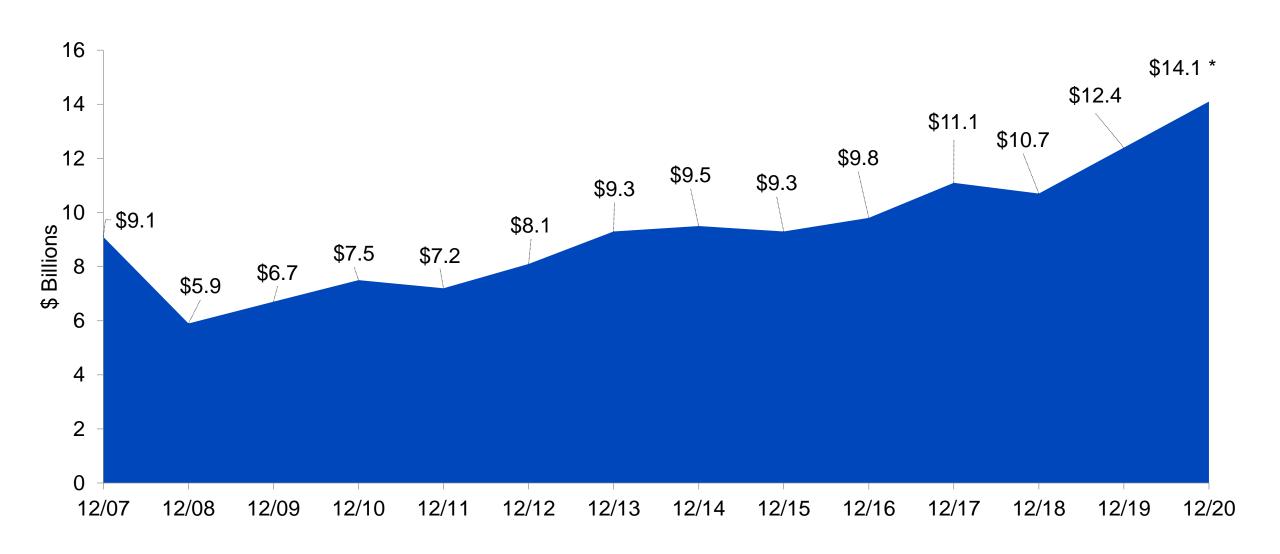
Original cushion as of 1/1/2018	15.0%
Actual cumulative investment return for 2018-2020 was HIGHER than expected <sup>1</sup>	6.4%
Updated Valuation Results <sup>2</sup>	-6.9%
Remaining cushion as of 1/1/2021 <sup>3</sup>	14.5%

<sup>1)</sup> Actual cumulative return for 2018-2020 is estimated to be 31.2%. Expected cumulative return for 2018-2020, assuming 7.75% annual returns for 2018 and 2019 and 7.5% for 2020, was 24.8%.

<sup>2)</sup> Reflects 2021 valuation data and assumptions including updated mortality assumption and lowering the long-term return assumption from 7.75% to 7.50%, as well as liability losses for 2018-2020.

<sup>3)</sup> Assumes cushion parameters similar to the prior cushion.

### **Pension Fund Assets 2020**



### Projected Credit Balance and Funded Percentage 2020

#### ASSUMES 7.5% ASSET RETURN FOR 2021 AND EACH YEAR BEYOND

