







WE WELCOMED 4,626 NEW MEMBERS INTO THE FUNDS

1,314
NYU Winthrop Hospital

824NY Presbyterian Queens – RNs

502
Long Island Community Hospital

1,168
New York Methodist Hospital – Nursing

665Saint John's Episcopal – Client Service & Customer Relations Representatives

78Excel at Woodbury – LPN

Pension Fund only: 78; Benefit Fund only: 577; Benefit and Pension: 3,971 Vassar Diagnostics Lab, Health Quest

Member 2020 Geography, Age and Gender



New Jersey, 4.7%

Upstate NY (including Rochester), 16%

Long Island, 14%

Staten Island, 5%

Bronx, 18%

Queens, 16%

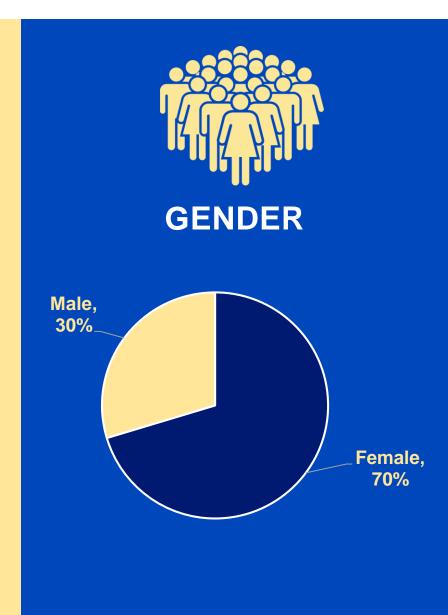
Brooklyn, 19%

Manhattan, 5%



AVERAGE AGE

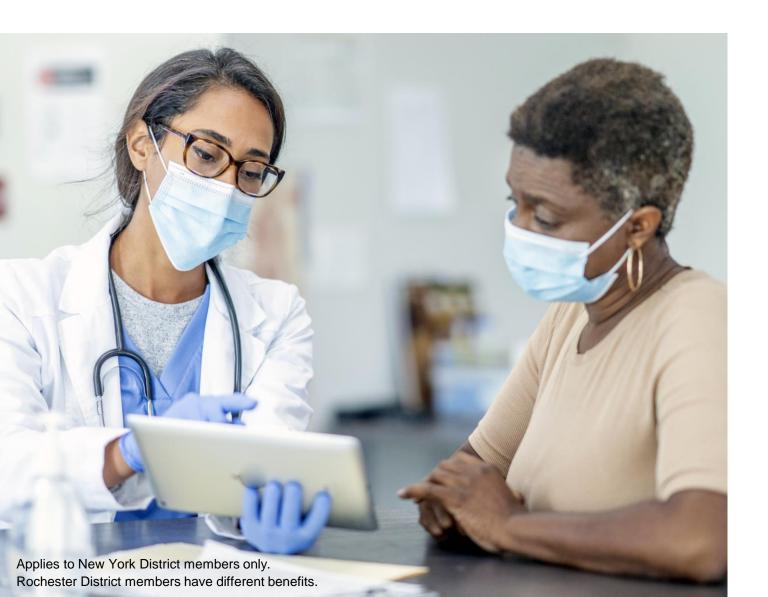
46.3





Our Full, Comprehensive Benefits

No member payments toward premiums. No co-pays or deductibles when following plan rules.



COMPREHENSIVE HEALTH BENEFITS

- Medical
- Hospital Care
- Full Prescription
- Telemedicine
- Mental Health

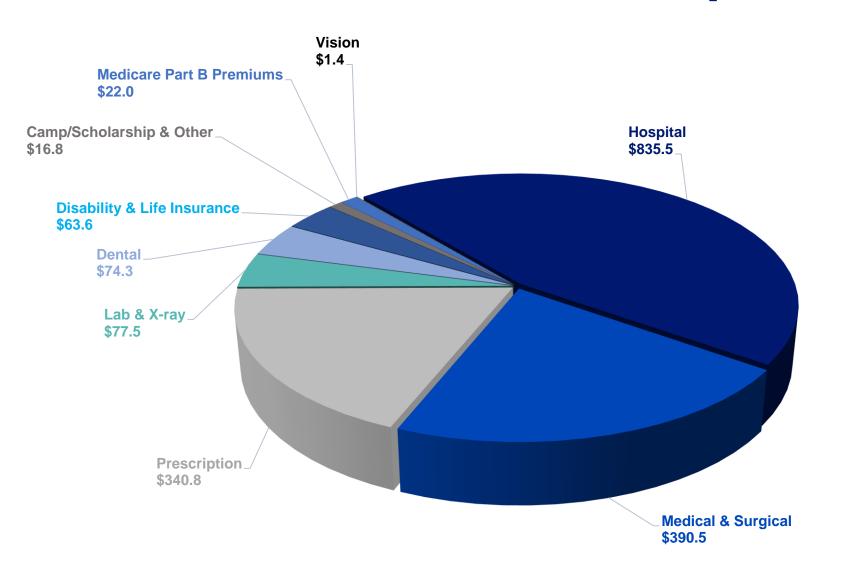
ENHANCED HEALTH BENEFITS

- Dental
- Vision
- Retiree Health Benefits

WHOLE-LIFE BENEFITS

- ▶ Life Insurance
- Disability
- ▶ Paid Family Leave
- **▶** Wellness and Member Assistance
- Citizenship/Financial
- Youth Programs

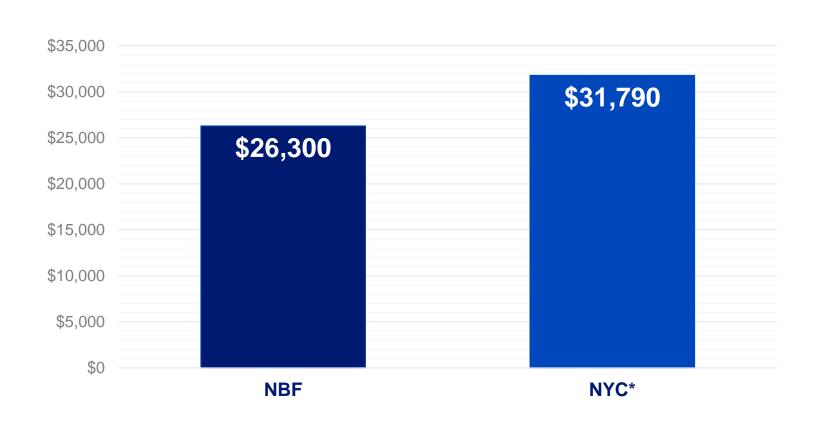
Total NBF Benefit Expenses 2020





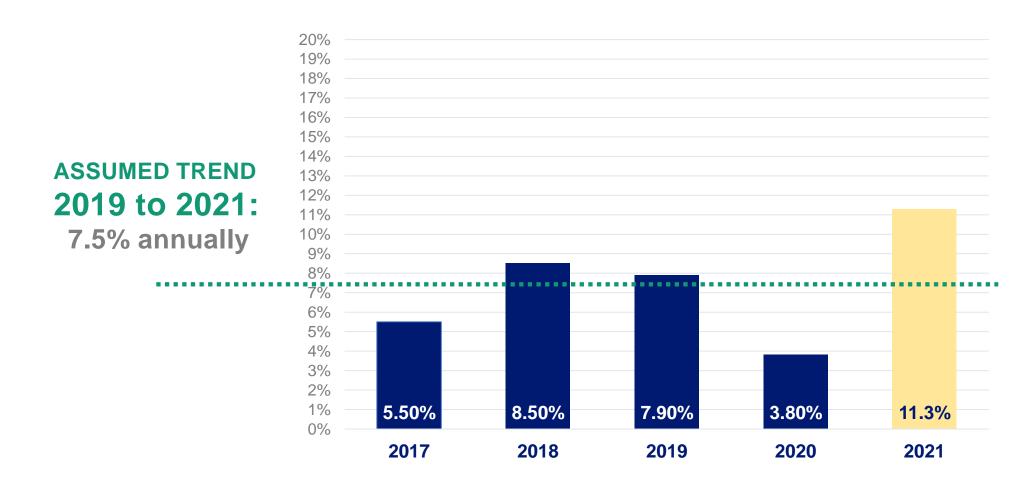
Comprehensive Coverage at the Lowest Cost

TOTAL HEALTHCARE COSTS FOR A FAMILY OF FOUR IN 2020



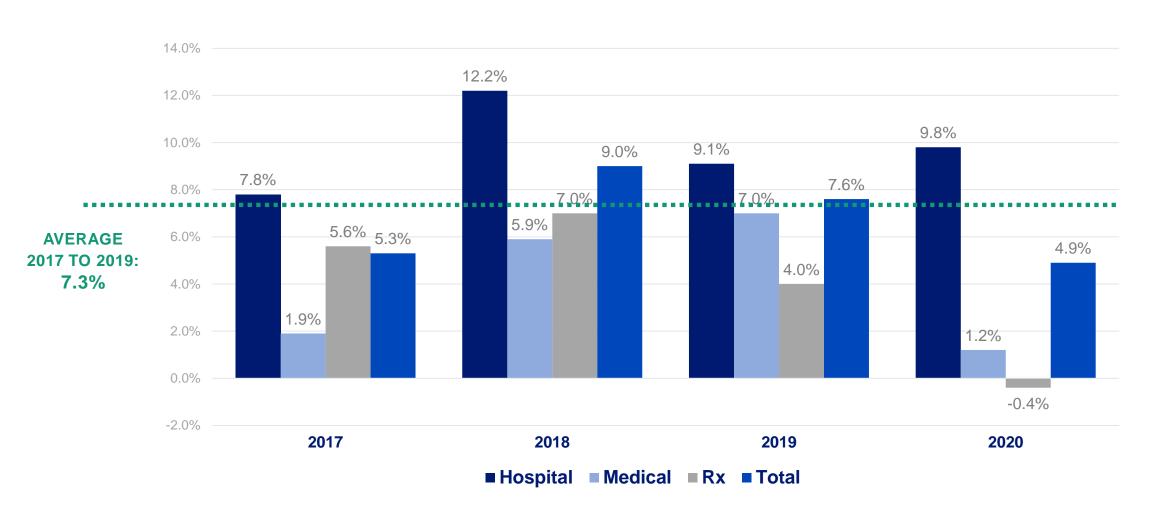


Assumed Trend vs. Total Projection Trend



What Makes Up the Trend

HOSPITAL, MEDICAL, RX ACTUAL PER-LIFE TREND

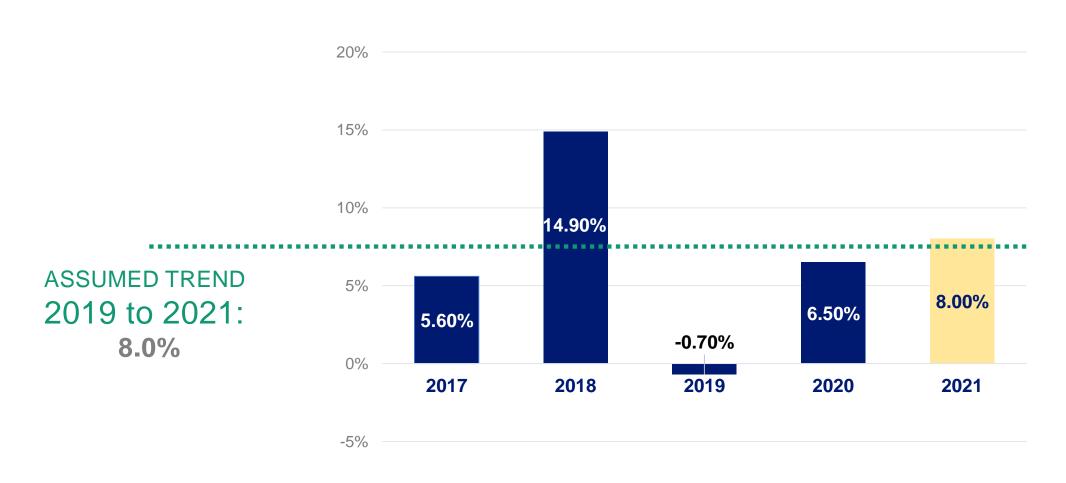


What Contributes to Trend

2020 CATEGORY TRENDS

CATEGORY	CATEGORY TREND	IMPACT TO TREND	NOTES
Inpatient Emergency	31.6%	4.2	Increase driven by COVID-19-related, inpatient admissions, claims volume trends turned negative since May. 2020
Inpatient Elective and Other	-9.2%	-1.0	Negative claims volume trend since July.
Outpatient Surgery	-9.4%	-0.8	Negative claims volume trend from October. 4Q20 is slightly higher than 4Q19.
Emergency Room	-7.7%	-0.4	Negative claims volume trend through Dec.
Physician Office	-12.4%	-2.3	Negative claims volume trend through Dec.
Urgent Care	36.7%	0.5	Increase continued through Dec.
All Other Hospital and Medical	4.3%	1.0	Increase since July 2020.
Rx Net of Rebates	-0.4%	-0.1	

Assumed Trend vs. Total Projection Trend NBF-Rochester



Care and Value Improvement Programs



PHARMACY: \$185.5m

- Clinical Outcomes Management
- Value-based Plan Design
- Re-bid PBM Contract

HOSPITAL/MEDICAL: \$34.5m

- ► Clinical Outcomes Management
- Utilization Management
- Network Management

OTHER PROGRAMS: \$104.7m

- Dependent Eligibility Verification
- Medicare Advantage Contracts

PROGRAM SAVINGS, 2018–2021

\$302m

\$324.7m
CURRENT PROJECTED

Care and Value Improvement Programs: 2020 Dependent Eligibility Verification—Spouses

Total spouses prior to the program	51,290	
Initial Terminated	5,329	
Reinstatements as of June 9, 2021	982	
Percent terminations of total in program	8.5%	

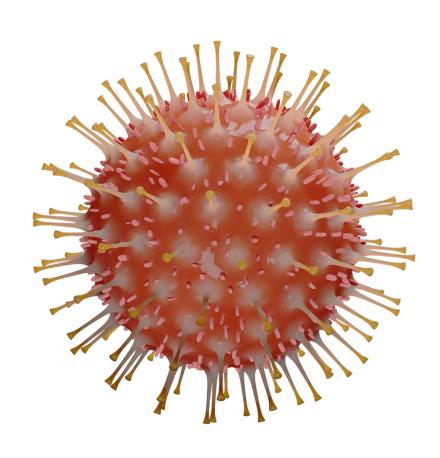
Cost Savings History

CBA PERIOD	2004–2009 (4.33 YEARS)	2009–2014 (6.33 YEARS)	2014–2018 (4.75 YEARS)	2018–2021 (3.75 YEARS)
Target	\$120m	\$199m	\$279m	\$302m
Actual	\$264m	\$370m	\$293m	\$325m
Ratio	2.20	1.86	1.05	1.08
% of Total Spend	8.6%	5.8%	4.6%	7.5%



Trustee Emergency Authorization

TEMPORARY MODIFICATIONS OF PLAN RULES



- i. Paid Family Leave for COVID-19
- ii. COVID-19-related Testing No Co-pays
- iii. Pension Funds' Return to Work for Retirees
- iv. COBRA Election Period Extension
- i. Inpatient Hospital COVID-19-related Add-on Payments
- i. EXTENSION OF COVERAGE AFTER PAID LEAVE
- ii. EXPANSION OF TELEHEALTH
- Inpatient Hospitalization Utilization Management Suspended
- ii. Outpatient Prior Authorization Suspended

Our Industry Fills the Need: Members Value Extended Telehealth Benefit: 2020

5,723

Members and Dependents

Teladoc

82,491

Members and Dependents

Network Providers





Q1





81,700 TOTAL PENSIONERS

(56,849 Receiving Health Benefits)

5,094

NEW PENSIONERS IN 2020

*Current requirements for a full pension are retired at age 62.5 with 25 years of service. Full pension count includes early retirees with an unreduced benefit, disability pensioners and surviving spouses.

A Secure Pension Benefit in Retirement 2020

10-19
YEARS OF SERVICE

24,800 PENSIONERS*

\$738

AVG. MONTHLY BENEFIT



20-29
YEARS OF SERVICE

16,276
PENSIONERS*

\$1,516
AVG. MONTHLY BENEFIT



30+
YEARS OF SERVICE

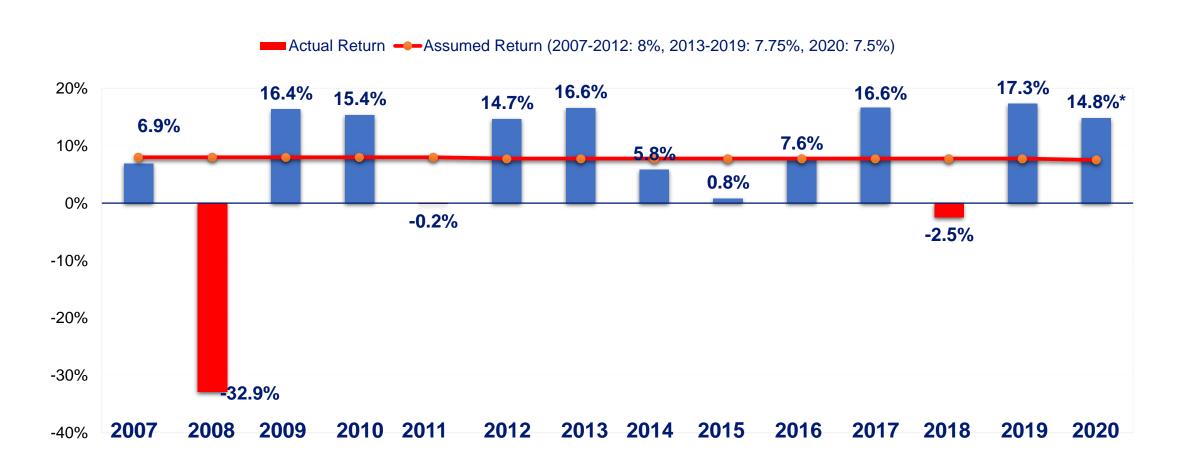
7,604
PENSIONERS*

\$2,522
AVG. MONTHLY BENEFIT



Asset Performance, 12/31/07-12/31/20

MARKET VALUE INVESTMENT RETURNS



Health Care Employees Pension Fund Status



15.0%

"Cushion": Where We Are Now

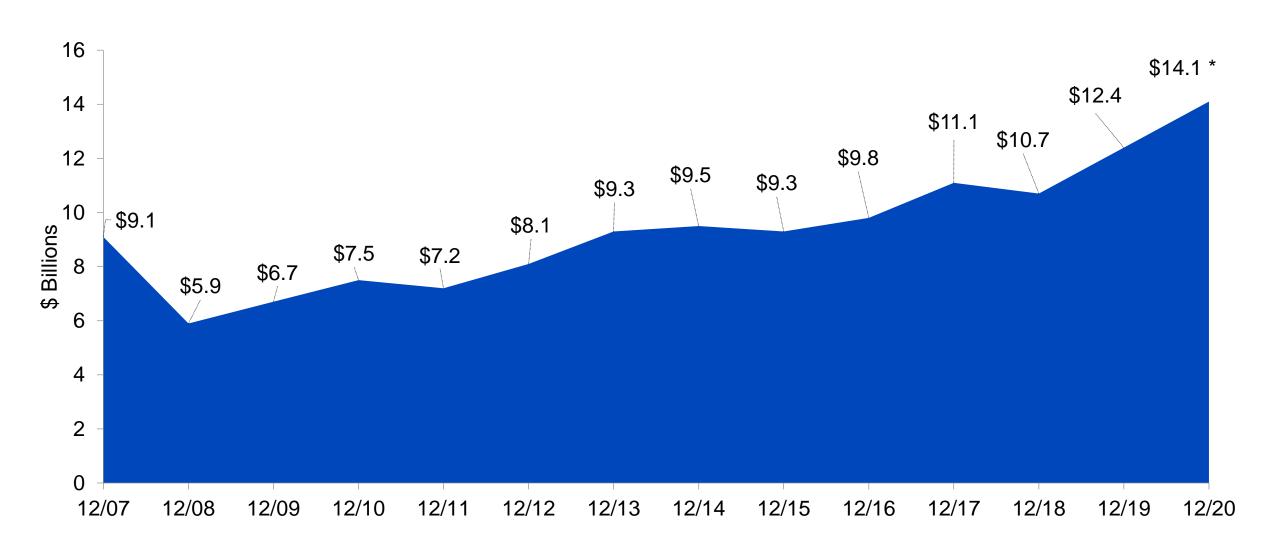
Original cushion as of 1/1/2018	15.0%
Actual cumulative investment return for 2018-2020 was HIGHER than expected ¹	6.4%
Updated Valuation Results ²	-6.9%
Remaining cushion as of 1/1/2021 ³	14.5%

¹⁾ Actual cumulative return for 2018-2020 is estimated to be 31.2%. Expected cumulative return for 2018-2020, assuming 7.75% annual returns for 2018 and 2019 and 7.5% for 2020, was 24.8%.

²⁾ Reflects 2021 valuation data and assumptions including updated mortality assumption and lowering the long-term return assumption from 7.75% to 7.50%, as well as liability losses for 2018-2020.

³⁾ Assumes cushion parameters similar to the prior cushion.

Pension Fund Assets 2020



Projected Credit Balance and Funded Percentage 2020

ASSUMES 7.5% ASSET RETURN FOR 2021 AND EACH YEAR BEYOND

